

The Hawk's Eye

Weekly News from Hope Elementary School



Tonight is the Pre-K through 5th grade dance from 6-7:30PM in the school gym. We ask that a parent with a Pre-K or K student attend them.

Admission is \$2.

Please plan to pick up your child inside the gym at 7:30PM.

We hope to see a great turnout!



Upcoming Events for Your Calendar

June 9th - Pre-K–5th Grade Dance Party (6-7:30PM)
 June 12th - Pre-K & K field trip to Botanical Gardens
 June 13th - Pre-K Meet & Greet (4:30PM)
 June 15th - Last day of school for Pre-K
 June 16th - K-2 field trip to Lucia Beach
 June 16th - Middle School dance for grades 5-8 (7-9PM)
 June 19th - No school (Juneteenth)
 June 20th - 8th grade graduation
 June 22nd - Last day of school (11:30am early release) (K-8)

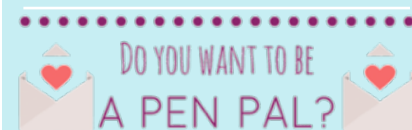


REMINDER: All school cafeteria bills need to be paid by June. Checks should be made payable to Hope Elementary School and can be dropped off in the office, or you can pay online at k12paymentcenter.com



Summer Garden Volunteers Needed!

Please contact Debra.Benner@fivetowns.net if you are interested in helping. Thank you!

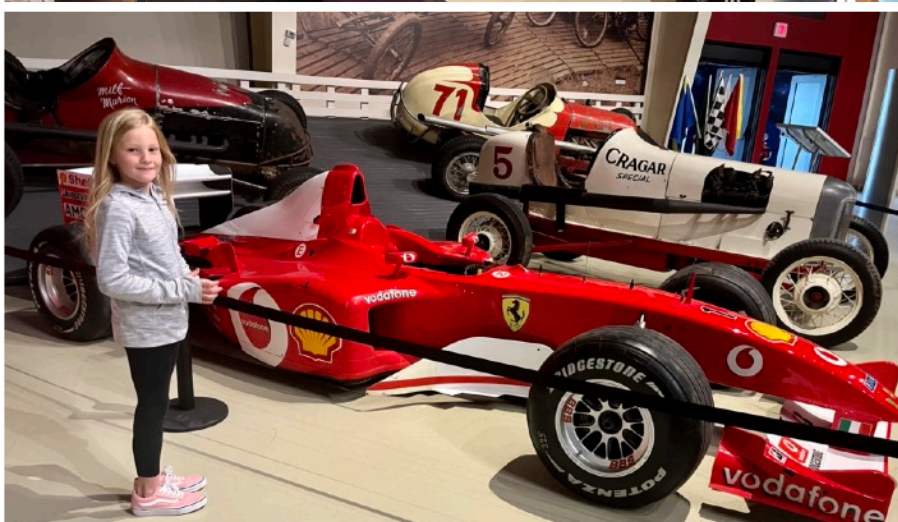


Pen Pal Program for 2023-24

We are looking for community volunteers to participate in our Pen Pal program next fall. Please email us at

[hesoffice@fivetowns.net](mailto:hесоffice@fivetowns.net) if you're interested in being paired with one of our younger students!

Third, Fourth, and Fifth Grade classes enjoyed a field trip to the **Owls Head Transportation Museum** this week. Students learned about the history of flight, studied the early airplanes at the museum, took a ride in a model T car, and made parachutes and rockets to explore how flight works. Thank you to Partners for Enrichment for this exciting opportunity!



Hope Elementary School Menu



JUNE 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1	2
			Spaghetti w/Bread Fruit/Veggies/Milk B: Banana Bread	Pepperoni Pizza Fruit/Veggies/Milk B: Scones
5	6	7	8	9
Chicken Nuggets w/Fries Fruit/Veggies/Milk B: Fruit & Yogurt Parfait	Turkey & Cheese Sandwich Fruit/Veggies/Milk B: Muffins	Mac & Cheese Fruit/Veggies/Milk B: Cinnamon Buns	BBQ Chicken Quesadillas Fruit/Veggies/Milk B: Fruit Salad	Cheese Pizza Fruit/Veggies/Milk B: Scones
12	13	14	15	16
Hot Ham & Cheese Sliders Fruit/Veggies/Milk B: Muffins	Cheese Raviolis Fruit/Veggies/Milk B: Banana Bread	Pancakes & Sausage Fruit/Veggies/Milk B: Cinnamon Buns	American Chop Suey Fruit/Veggies/Milk B: Fruit Salad	Pepperoni Pizza Fruit/Veggies/Milk B: Muffins
19	20	21	Early Release 11:30AM 22	23
NO SCHOOL - JUNETEENTH	Cheeseburgers w/Chips Fruit/Veggies/Milk B: Scones	Chicken Tacos Fruit/Veggies/Milk B: Fruit & Yogurt Parfait	Hot Dogs, Watermelon & Corn on the cob B: Muffins	HAPPY SUMMER!!
26	27	28		
HAPPY SUMMER!!			USDA Summer Meals: www.hotlunchsummer.com Summer meals are free for ALL kids aged 18 and under.	

Student meals are free.

Milk without a meal is \$.40

Adult meal: \$4

Breakfast includes protein, fruit, whole grain, and milk.

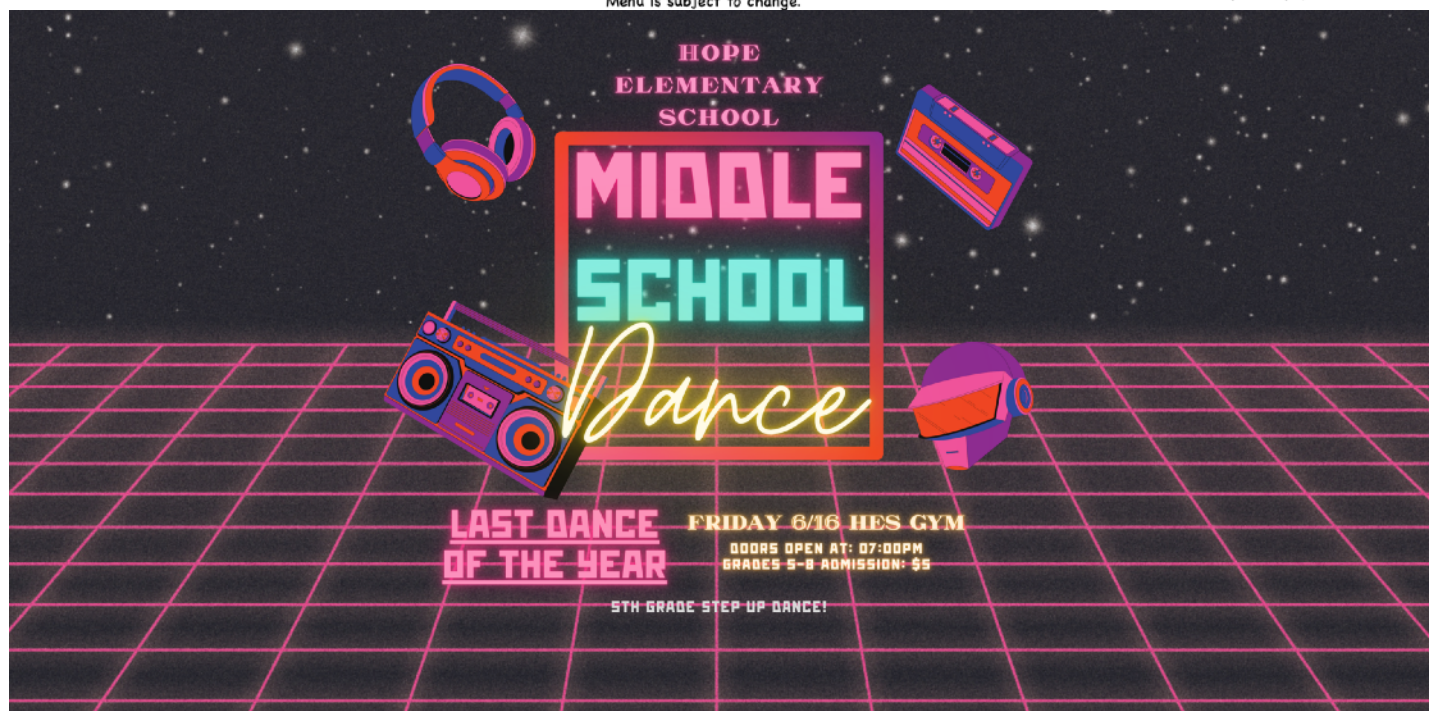
Lunch options include a choice of salad, bagel, or sandwich/entrée of the day.
Fruit, a whole grain item, veggie slices and milk are offered with all meals.

Menu is subject to change.

HES is an equal opportunity provider.

Payments should be made payable to:
Hope Elementary School

<https://kl2paymentcenter.com>





Hello HES Community,

It's hard to believe that another school year is coming to an end, so in preparation before they fly out the doors...

If your child has any medication at school, please make arrangements to pick them up in the Health Office during the last week of school. Any medications not picked up by a parent or guardian will be properly disposed of on June 22.

All inhalers will be sent home in your child's backpack on the last day of school. If you wish to pick these up in person during the last week of school please make arrangements with Nurse Reagan.

If you have a student entering Pre K, Kindergarten, or Grade 7, please make sure they are up to date on the required immunizations for the 2023-24 academic year. You would have received a hard copy and email from me earlier this spring if your child requires further immunizations.

In health news:

- Strep throat has been on the rise in the community. Please be advised.
- I have experienced a high number of tick removal the past two weeks. Please check your students especially in the hair, hair line, behind and inside the ears, navel and any nooks and crannies they may like to hide.
- There have recently been many reports regarding Air Quality Advisory from the Canadian Wildfires. Please follow this link for updated Air Quality forecasts: <https://apps.web.maine.gov/cgi-bin/online/dep/air/aqforecast/index.pl>

I wish you all a happy, healthy weekend.
Nurse Reagan

SUMMER ECOLOGY CAMPS



Learn more and register:
knox-lincoln.org/summer-ecology-camps



SCAN ME

ECO-EXPLORERS

For children ages 7-9 who are looking to explore the natural world, conduct experiments, and get up-close-and-personal with the plants, insects, and animals in their Maine backyards.

June 26 - June 30, 2023

8:45 am - 12:00 noon

\$120 per camper

Merryspring Nature Center



FIVE TOWN FOOTBALL

Five Town Football is excited to announce that we will be hosting the annual Jammer Camp at True Park in Hope (Church St).

This will be held the evenings of July 11-13 from 5:30-7:30pm. This camp is focused on skill development and conditioning drills to prepare for the fall football season. It is an opportunity for grades 4-8 athletes in the five-town community to participate in preseason football skills and drills. Registration is now open on our website: fivetownfootball.com

FTF will again offer an 8-man tackle football program for the 4-8th grade graders this fall, starting with equipment day August 13th. The 7th and 8th grade middle school team will participate in a school-based league.

Five Town Football is a non-profit organization funded entirely by local donations and can offer scholarship monies based on need to cover the registration fee. If interested in either program, becoming a sponsor or a volunteer –visit our website www.fivetownfootball.com and find us on facebook.

(207) 596-2040

knox-lincoln.org/summer-ecology-camps






info@knox-lincoln.org



Summer Ecology Camps are a collaboration of the Knox-Lincoln Soil & Water Conservation District and Merryspring Nature Center



At Pine Tree Camp, children with developmental and physical disabilities experience freedom, independence and life-changing experiences through barrier-free access to the outdoors and connection with peers.

-  Fully accessible campus features hundreds of acres and dozens of opportunities for kids to be outside and active.
-  Being outside in nature gives kids a leg up for learning: The chance to explore and try new things enhances motor development and curiosity and increases self-esteem and social connectedness.
-  Program staff and consulting OTs and SLPs seamlessly support individual camper needs so they can fully participate in anything they would like to try.
-  Maine's only American Camp Association-accredited camp for people with disabilities.
-  No camper is ever turned away due to their inability to pay the tuition.

Activities include:



Boating and paddling	Farm animals	Archery
Swimming	Adaptive sports	Music
Fishing	Adaptive biking	Drama
Nature trails	Accessible playground	Arts and crafts
Gardening	Accessible tent site	